



# Retreats for Healing after Abortion

**Rachel's Ministry** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful abortion emotions and begin the process of restoration, renewal and healing.

## Upcoming Retreats:

**English:** June 6-8, 2025

**English – Men's Retreat,** August 1-3, 2025

**For more information,** call **916.733.0161** or email **[projectrachel@scd.org](mailto:projectrachel@scd.org)**. All messages are confidential.

## Registration

The retreat weekend is designed for 12 to 15 participants. Registrations must be received five days prior to the start of the retreat. Interested participants will receive a registration packet and hold a phone appointment prior to being fully registered for the weekend. Learn more:

**<https://www.scd.org/postabortioncare>**

## Cost

The Rachel's Ministry retreat registration fee includes lodging for two nights, all meals and retreat materials. Financial assistance is available. Please call to discuss further.

**Find healing at Rachel's Ministry**